

# CAFB autocross race Saturday

2nd Lt. Jennifer Moore  
Public affairs

Columbus AFB offers people the chance to participate in an autocross race from 7 a.m. until 4 p.m. Saturday in front of the Walker Center.

Autocross is a lower speed high-performance driving event designed to increase a driver’s control skills.

Drivers compete against the clock by maneuvering their privately owned vehicles through a course made of cones.

“Autocross competition is for anyone who wants to learn how to control their car in a safe performance environment,” said Maj. Joel Wahlsten, event organizer. “It’s a chance to max perform your vehicle legally with lower risk.”

The local chapter of the Sports Car Club of America will govern the event by providing safety instructions, event insurance, timing and scoring instruments and registration information. Specific safety guidelines are established to prevent damage to participants, vehicles, and surfaces. The maximum allowable speed is 60 mph.

Registration begins at 7 a.m. Saturday with course creation and division of automobiles into street or open (racing) tire categories. Complete technical inspections of every registered vehicle will begin at 8:30 a.m. A driver’s meeting to discuss safety concerns and specific rules will immediately follow and racing begins once requirements are met.

All participants are required to wear helmets. Drivers who don’t own helmets will be provided with loaner equipment. In addition to the SCCA, representatives of the National Council of Corvette Clubs, Porsche Club of America and BMW Club of America are also scheduled to participate in the event.

Depending on the popularity of the event, the next autocross could be scheduled within a few months and publicized to a larger audience, Major Wahlsten said.

“In the future, we could take it to the next level — higher speeds, additional safety equipment and a larger racing area,” Major Wahlsten said.

All Columbus AFB people are encouraged to attend either as contestants or spectators. Blankets, sunscreen and small coolers are encouraged. The event will take place as scheduled regardless of Saturday’s weather.

The entry fee is \$20 for base participants and SCAA members and \$25 for non-base participants. For more information, call Ext. 2755 or visit [www.scca.org](http://www.scca.org).



1st Lt. Richard Blakewood

## Preflight ...

Second Lt. Matt Nance, Specialized Undergraduate Pilot Training Class 03-11, checks the landing gear of a T-1 Jayhawk before a flight. SUPT Class 03-11 assignment night is at 5 p.m. today at the Columbus Club.

# Commander speaks safety, changes

Airman Alexis Lloyd  
Public affairs

The 14th Flying Training Wing Commander Calls for the second quarter were Wednesday at the theater.

Col. Steve Schmidt, 14th FTW commander, covered staff changes, safety issues and what’s going on around base.

There are a few staff changes, including all the groups:

❑ The vice wing commander, Col. Mike Parsons, retires in September. Col. Buck Burgess will take over that position.

❑ Col. Bryan Funke, 14th Medical Group commander, is scheduled to

relinquish command to Col. David Armstrong July 8.

❑ Col. James Playford, 14th Mission Support Group commander, is scheduled to relinquish command to Col. Keith Keck Aug. 12.

One of the major concerns for the commander is safety.

“The incidents and fatalities do go up in the summertime,” said Colonel Schmidt.

The weekend after a command-directed safety day, someone from Columbus AFB received a DUI.

That same weekend, two airmen were involved in a motorcycle accident on base.

Some new additions to Columbus AFB are:

❑ CJ’s Pizza is scheduled to open June 27 at the community activity center. They offer pizza and some pasta dishes. They will begin delivery once the place is up and running.

❑ A skate park is scheduled to open July 25 at the youth center.

❑ A child development center modular facility, which will be next to the current CDC, is scheduled to open Sept. 29. The facility will open more than 50 slots for more children.

Upcoming events for Columbus AFB are:

❑ The Air Education and Training Command family day is July 3.

See CALL, Page 3

# CAFB tap water meets 2002 drinking standards

Columbus AFB routinely monitors the drinking water for contaminants.

“The water is safe to drink,” said Capt. Kendra Gomez, bioenvironmental engineering office.

Water is analyzed in all stages of production; from the Coker Aquifer, treatment plants, and distribution systems to customer’s homes to assure it is of the highest quality.

In accordance with the “Consumer Confidence Reporting Rule” of the Federal Safe Drinking Water Act, Columbus AFB is required to report the water quality information to the consuming public. The following is a snapshot of the quality of water that was provided last year. Included are details about where the water comes from, what it contains, and how it compares to standards set by regulatory agencies.

The base water supply is treated and distributed by Columbus Light and Water Company. The water is pumped through eight wells from the Coker Aquifer, a groundwater source and is stored in various places throughout the base. No further treatment is done.

Contamination may occur as water travels over the surface of land or through the ground, dissolving naturally occurring minerals and, sometimes, radioactive material. It can also pick up substances resulting from the presence of animals or from human activity. Potential contaminants in source water include:

❑ **Microbial contaminants:** such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations and wildlife.

❑ **Inorganic contaminants:** such as salts and metals that may occur naturally or result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining or farming.

❑ **Pesticides and herbicides:** might have a variety of sources such as agriculture, urban stormwater runoff and residential uses.

❑ **Organic chemical contaminants:** such as synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban stormwater runoff and septic systems.

❑ **Radioactive contaminants:** which can occur naturally or result from oil and gas production and mining activities.

Contaminants may be found in drinking water that may cause taste, color, or odor problems. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contami-

nants. These types of problems are not necessarily causes for health concerns. For more information on taste, odor or color of drinking water, call the bioenvironmental engineering office at Ext. 2286 or the Environmental Protection Agency’s Safe Drinking Water Hotline at (800) 426-4791.

Some people may be more vulnerable than the general population to certain microbial contaminants, such as Cryptosporidium, in drinking water. Infants, some elderly, or immuno-compromised persons such as those undergoing chemotherapy for cancer; those who have undergone organ transplants; those who are undergoing treatment with steroids; and people with HIV/AIDS or other immune system disorders can be particularly at risk from infections. People should seek advice about drinking water from a physician or health care provider. Additional guidelines on appropriate means to lessen the risk of infection by Cryptosporidium are available from the Safe Drinking Water Hotline at (800) 426-4791.

For more information, call Ext. 2286, or Columbus Light and Water at 327-0432.

Table 1 lists all of the detected drinking water contaminants current for 2002. The presence of contaminants in the water does not necessarily indicate that the water poses a health risk.

The EPA and the Mississippi State Department of Health require the base to monitor for certain contaminants less than once per year. Other contaminants may be only measured once every three years but are still representative of the water quality.

Table 1: Water Quality Data Table

Contaminant	MCLG	MCL	Units	Greatest Level Found	Range	Sample Date	Standard Exceeded?	Likely Source of Contaminant
<b>Microbiological Contaminants</b>								
Total Coliforms	0	5%	Present/Absent	Present	3%	Monthly 2002	No*	Naturally present in the environment
<b>Volatile Organic Contaminants</b>								
Benzene	5	5	ppb	0.89	NA	18 Sep 02	No	Discharge from factories; leaching from gas storage tanks and landfills
Chloroform	NA	NA	ppb	1.307	1.306-1.307	26 Aug 02	NA	By-product of drinking water chlorination
Bromodichloromethane	NA	NA	ppb	1.01	0.876-1.01	26 Aug 02	NA	By-product of drinking water chlorination
Chlorodichloromethane	NA	NA	ppb	0.769	0.751-0.769	26 Aug 02	NA	By-product of drinking water chlorination
Total THM	0	100	ppb	8.50	4.4-8.5	Quarterly 2002	No	By-product of drinking water chlorination
Tetrahydrofuran	NA	NA	ppb	6.263	NA	26 Aug 02	NA	By-product of drinking water chlorination
<b>Inorganic Contaminants</b>								
Antimony	0.006	0.006	ppm	ND	NA	16 Jul 02	No	Discharge from petroleum refineries; fire retardants; ceramics; electronics; solder
Arsenic	0	0.010	ppm	ND	NA	16 Jul 02	No	Erosion of natural deposits; runoff from orchards; runoff from glass & electronics production wastes
Barium	2	2	ppm	0.014	0.010-0.014	16 Jul 02	No	Discharge of drilling wastes; metal refineries; erosion of natural deposits
Beryllium	0.004	0.004	ppm	ND	NA	16 Jul 02	No	Discharge from metal refineries and coal-burning factories; electrical, aerospace, and defense industries
Cadmium	0.005	0.005	ppm	ND	NA	16 Jul 02	No	Corrosion of galvanized pipes; erosion of natural deposits; discharge from metal refineries; runoff from waste batteries and paints
Chromium	100	100	ppb	1E-6	1E-6	16 Jul 02	No	Erosion of natural deposits
Copper (90th percentile)	1.3	1.3 (AL)	ppm	0.026	NA	31 Jul 01	No	Corrosion of household plumbing
Cyanide	0.2	0.2	ppm	ND	NA	2 Feb 02	No	Discharge from steel/metal factories; plastic and fertilizer factories
Fluoride	4	4	ppm	1.11	1.09-1.11	16 Jul 02	No	Erosion of natural deposits; water additive which promotes strong teeth; discharge from fertilizer and aluminum factories
Lead (90th percentile)	0	15 (AL)	ppb	1E-6	NA	31 Jul 01	No	Corrosion of household plumbing systems; erosion of natural deposits
Mercury	0.002	0.002	ppm	ND	NA	16 Jul 02	No	Erosion of natural deposits; discharge from refineries and factories; runoff from landfills and croplands
Nickel	NA	NA	ppm	0.001	0.001	16 Jul 02	NA	Erosion of natural deposits
Nitrate	10	10	ppm	ND	NA	13 Nov 02	No	Runoff from fertilizer use; leaching from septic tanks, and sewage; erosion of natural deposits
Nitrite	1	1	ppm	ND	NA	13 Nov 02	No	Runoff from fertilizer use; leaching from septic tanks and sewage; erosion of natural deposits
Selenium	0.05	0.05	ppm	ND	NA	16 Jul 02	No	Discharge from petroleum refineries and mines; erosion of natural deposits
Sulfate	NA	NA	ppm	5.4	4.29-5.4	16 Jul 02	NA	Erosions of natural deposits
Thallium	0.0005	0.002	ppm	ND	NA	16 Jul 02	No	Leaching from ore-processing sites; discharge from electronics, glass, and drug factories

\* Total Coliform: Coliform was found in two samples. However, repeat sampling at the sample locations and one sample upstream and one downstream of each location were negative. Therefore, the positive sample was mostly likely a false positive. The false positive could be a collection error or a laboratory error.

Term	Definitions
Action Level (AL)	The concentration of a contaminant that, if exceeded, triggers treatment or other requirements, which a water system must follow.
Greatest Level Found	Laboratory analytical result for a contaminant; this value is evaluated against an MCL or AL to determine compliance
Maximum Contaminant Level (MCL)	The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.
Maximum Contaminant Level Goal (MCLG)	The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.
mg/kg	Milligrams per kilogram; a unit of measure equivalent to part per million (ppm)
mg/L	Milligrams per liter; a unit of measure equivalent to part per million (ppm)
NA	Not Applicable
ND	Non detect. Contaminant not present or below the equipments detection capability
ppm	Parts per million; a unit of measure equivalent to a single penny in \$10,000
ppb	Parts per billion; a unit of measure equivalent to a single penny in \$10,000,000
Range	The range of the highest and lowest analytical values of a reported contaminant.
Trihalomethanes (THMs)	Byproducts of drinking water disinfection that contains natural organics

Here are several key terms to help understand the information in Table 1.



# NEWS BRIEFS

## Wing agencies closure

The 14th Flying Training Wing staff agencies close at noon today for an official function. If someone has an emergency, call the command post at Ext. 7020.

## CLEP exam

The following College Level Examination Program exams are no longer available for testing at the education center after Monday: Humanities (04910 and 04928), General Chemistry (26107), College Level German (75027), General Biology (18074), Western Civilization I & II (65048 and 66052). People interested in taking one of these CLEPs prior to them going computer based, please contact the education office to set up a test day.

The CLEPs are available at MSU but at a cost of \$56 for everyone and aren't reimbursable for military people. These exams will not be available at the education center until a later date.

There are other CLEPs, which can still satisfy requirements for Community College of the Air Force degree in these areas.

For more information, call the education center at Ext. 2562.

## Bargain line ads

The paper for the week of July 4 will be published July 2 due to graduation and the holiday weekend.

The deadline for people to get bargain line ads is for that issue is Wednesday. Rerun ads are also due at this time.

For more information, call the public affairs office at Ext. 7068.

# Lawn care safety class gives pointers

Senior Airman Amanda Mills  
Public affairs

A free lawn care safety class began at 10 a.m. June 13 at the youth center.

Kayline Hamilton, youth center director, and Theodore Zoska, ground safety manager, instructed the class on operation of equipment, proper safety gear and equipment maintenance.

Before starting, mower operators should clear the area of people and make sure there are no sprinklers, large branches or other foreign objects in the area, Mr. Zoska said. Mower blades can propel these items, impacting safety of the operation.

"Also, don't pull the mower backwards when mowing," he added.

At a minimum, operators should wear proper foot and eye protection, Mr. Zoska said.

"Shoes should have a safety or steel toe," he said. "Tennis shoes are not proper foot protection. Blades can pass right through the rubber."

"Goggles are the recommended eye protection," Mr. Zoska said. "They completely cover the eye, protecting it from propelled rocks, and they have air holes that prevent goggles from fogging."

When a mower needs refueling, operators should shut off the engine, Mr. Zoska said.

"You should also unplug the spark plug wire and allow the engine to cool for more than five minutes," Mr. Zoska said. "A mower's engine actually heats up a few minutes after it is shut off before cooling down."

After covering the basics of lawn care safety, the class performed some hands-on training, reviewing the location of mower parts.



Senior Airman Amanda Mills  
Kayline Hamilton, youth center director, Jamal Seraille, participant, and Theodore Zoska, ground safety manager, review safety procedures for lawn mower use.

"I plan to cut grass and clean lawns over the summer, and this class helps me do it safely," said Jamal Seraille, 13-year-old class participant.

The youth center also keeps a record of class participants, so they can refer people who call for lawn care service to them, Mr. Hamilton said.

"I really think the class should be mandatory for youth who plan to make lawn care a business, because equipment operation, eye protection and foot protection are very important safety tips," Mr. Hamilton said. "But at least by offering the class and providing the youth as references, we give them an edge over those who haven't had the training."

The center plans to offer the class once a month throughout the summer, but Mr. Hamilton said he is willing to hold them more frequently if requests are made.

For more information or to sign up, call Ext. 2504.

# Air Force needs, best interests of its people

Lt. Col. Anthony Smith  
37th Flying Training Squadron



As commanders at Columbus AFB, we're asked to periodically contribute these articles to the base paper. I always seem to struggle for several days to find a useful, relevant topic until at the last minute some event, discussion or incident strikes a personal nerve.

For this article, my event of inspiration revolved around the central issue of "the best interests of the Air Force" or "the needs of the Air Force."

As Air Force members, we are required from time to time to make decisions and choices, which unfortunately, are unpopular or unpleasant for specific individuals.

For me, these types of decisions have been precipitated by student eliminations from pilot training, squadron member assignments, flying evaluation board duty, deployment rotations and individual disciplinary actions.

In seeking assistance with difficult decisions throughout my career, I have been told on numerous occasions to use the best interest of the unit and the Air

Force as a foundation for my decision process. This approach hasn't made the tough decisions any easier but it has provided a clear framework to identify courses of action and the potential repercussions. It has also provided a basis for actions and decisions that, in my opinion, are consistently fair and impartial.

I don't mean to give the impression that individual member needs and desires have no place in this decision process.

The best interests of the individual and the best interests of the Air Force are not always mutually exclusive and are very often resolved with relatively minor conflict between the two.

It has also been my experience that commanders go to great lengths to accommodate individual member interests while still accomplishing the unit mission and meeting unit goals.

Additionally, every Air Force process I have ever been associated with that reviews actions or decisions negatively affecting individual members has been structured to give the member every benefit and vigorously scrutinize actions to ensure fair and impartial treatment.

I was recently involved in one of these review processes, and an individual involved in the review implied that "the Air Force" incorrectly places its own best interests ahead of those of the individual.

I may have misunderstood the implication but it gave

me pause to think. I thought about it for several days and decided the Air Force's priority of interests are not incorrect.

Our organization is different than General Motors or McDonald's or Delta Airlines. We ask our members to do things that other organizations would never think of asking their employees to do. We are asked and we do it.

We don't do it because we are paid a lot of money, get to live in a fancy house or get lots of public recognition. We do it because it is important, and it needs to be done.

Our organization makes no secret of the requirement for personal sacrifice to be a member and goes to great pains to minimize the effects of those sacrifices on our personal lives.

Our organization makes no secret of the fact its members' interests will sometimes be subordinated to the interests of the organization, and ultimately it is the individual's decision to be a member or not. Personally, I enjoy being part of an organization that believes its purpose is of such importance that, from time to time, the needs of its individual members are outweighed by a higher duty.

I enjoy being part of an organization that sets and enforces high standards of personal and professional conduct and espouses a core value of service before self.

## STRAIGHT TALK LINE

*The Straight Talk Line is your direct line to the commander for comments and suggestions on how to make Columbus AFB better.*

*Although the Straight Talk Line is always available, the best way to resolve problems is through the chain of command.*

*The Straight Talk Line phone number is 434-7058. Callers should leave their full name and phone number to receive an answer.*

*All names received are kept confidential.*

*Messages are answered in the Silver Wings without names.*

*Written questions may also be brought to the public affairs office in the wing headquarters building, Bldg. 724.*

*People can also access the Straight Talk program through the Blazeweb at https://columbusweb and the main website at www.columbus.af.mil.*

*Questions and answers will be edited for brevity.*



## Key phone numbers

Base Exchange.....	434-6013
Chaplain.....	434-2500
Civil Engineer Service Desk.....	434-2856
Civilian Personnel.....	434-2635
Clinic:	
Family Practice.....	434-2172
Appointment Desk.....	434-2273
After Hours Care.....	434-2273
Columbus Club.....	434-2489
Commissary.....	434-7106
Finance.....	434-2706
Housing Maintenance.....	434-7370
Inspector General.....	434-2927
Legal Office.....	434-7030
Military Equal Opportunity.....	434-2546
Security Forces.....	434-7129
Shoppette.....	434-6026

# Short-tour credit authorized for contingency deployments

Master Sgt. Randy Mitchell  
Air Force Personnel Center Public Affairs

**RANDOLPH AFB, Texas** — A temporary exception to policy will award permanent change-of-station short-tour credit to many airmen deployed overseas for recent contingency operations, according to Air Force Personnel officials at Randolph AFB, Texas.

**CALL** (Continued from Page 1)

□ Tops in Blue is scheduled to perform at 7:30 p.m. July 18 at Rent-Whitfield Auditorium at the Mississippi University for Women campus.

□ Maj. Gen. James Sandstrom, 19th Air Force commander,

visits from July 24 to July 25 for a Specialized Undergraduate Pilot Training graduation.

As the commander closed the briefing, he offered a few last words on safety.

"Especially over the upcoming Fourth of July, be mindful of where you are, how you got there and what you do while you're there. You all do a great job, and I appreciate all the super work you are doing."

policy, which only authorizes short-tour credit for airmen accumulating 300 or more days on TDY overseas during an 18-month period.

This exception is not without precedent. During operations Desert Shield and Desert Storm, an exception was approved to authorize short-tour credit to people who deployed for at least 181 consecutive days from Aug. 1, 1990, to June 10, 1991.

Airmen are responsible for requesting

short-tour credit through the military personnel flight's personnel employment element at their permanent duty station.

The TDY travel voucher must be completed before airmen can apply for credit.

The paid voucher will be the source document used to verify the dates of the deployment and if the location qualified for payment of hostile-fire or imminent-danger pay. *(Courtesy of AFPC News Service.)*



# Photographer chronicles quarter of a century at Columbus AFB



Kenn Brown, senior base photographer, sets up a shot in front of Whispering Pines Golf Course.

2nd Lt. Jennifer Moore

## Camera captures tragedy and triumph

2nd Lt. Jennifer Moore  
Public affairs

What do 16 Columbus AFB Wing Commanders, an upside down T-38, thousands of student pilots and the Space Shuttle Columbia all have in common?

Each one has been the subject of Senior Base Photographer Kenn Brown's camera and a photography portfolio spanning 25 years of base history.

"That T-38 story is one of my favorites," Mr. Brown said. "About 15 years ago, a solo student overshot the runway, hit the barrier, flipped the plane and had to cut himself out of the canopy. There wasn't a lot of damage, but I was still amazed he wasn't hurt. He was just standing there with his arms crossed and a look on his face like 'man I'm in trouble.' I started shooting right away."

Mr. Brown, a Columbus native, began working for the visual information shop in 1977 as a contract photographer. He had been on the road as a traveling photographer and jumped at the chance to stay close to home.

"My very first day on the job, my boss handed me this ancient model camera, and instructed me to 'go shoot,'" Mr. Brown said. "My very first assignments were primarily portrait photos and awards ceremonies."

Over time, Mr. Brown began to shoot official functions, base construction and aerial photography and special events.

"It's always fun to capture someone's smile when they're being recognized for an outstanding accomplishment," he said.

Of course, not all of his assignments

have been picturesque.

Mr. Brown recalls a recent retirement ceremony where Col. Mike Holmes, 14th Operations Group commander, mentioned a T-38 crash that occurred when he was a student pilot at Columbus AFB.

"It startled me to hear him mention that crash — it sent me back in time because I realized that was actually the very first fatality accident I'd ever shot for the base. I've definitely captured some difficult images during my time here."

Though unpleasant, accident assignments have actually served as a reminder of the important role photography plays in the investigative process for Mr. Brown.

Overall, the aspect of his job he enjoys the most is the perspective gained by remaining a constant entity in an ever-changing environment. Mr. Brown has witnessed the physical and figurative development of Columbus AFB, including that of fledgling photographers placed under his supervision.

"It's gratifying to mentor budding photographers and eventually watch them move on," he said. "One day I'd like to teach photography to children and adults on a regular basis."

Mr. Brown believes the art of photography is a continual learning process.

"Just this past Friday, I flew for the first time in the back seat of a T-38C to shoot one of our practice formation flights for the Air Show. It was a thrill to combine the prestige of a military flight with the precision of photography."

Mr. Brown spends his free time as an environmental photographer in constant pursuit of the "perfect shot."

"While some people need a hobby for

stress relief, I'm fortunate that my job is also my passion," Mr. Brown said.

Mr. Brown's work recently earned recognition within the local community.

He is currently the featured artist at Golden Triangle Regional Airport. His exhibit includes 23 photographs ranging from nature scenes to historic Columbus landmarks.

Mr. Brown's work is also featured in galleries and businesses in West Point, Starkville and Amory, Miss. and future plans include a show at the Rozensweig Art Center in downtown Columbus.

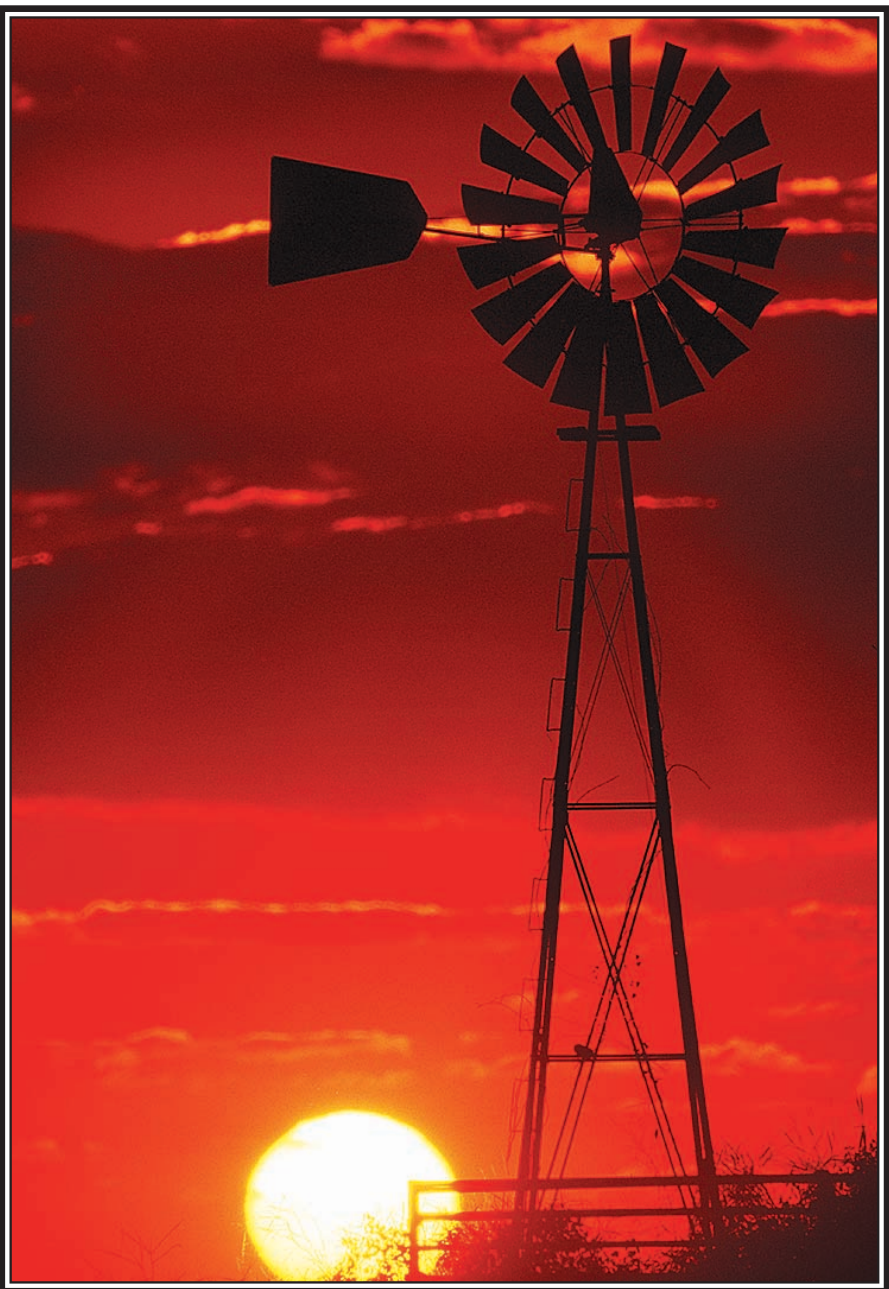
Throughout the course of his career, Mr. Brown has taken a volume of photographs for the Silver Wings, and hundreds for a variety of local newspapers.

One of his landscape photographs entitled "Pumpkin Patch" recently won honorable mention in the 2002-2003 Nikon Photo Contest International. Mr. Brown competed against 34,187 entries from more than 6,000 photographers in 73 countries.

"I try to capture my love of this area through my work and hopefully help promote the image of my home state in the process," he said.

In terms of his overall photography philosophy, Mr. Brown says it actually boils down to a military phrase he's become particularly fond of - attention to detail.

"I take a great deal of pride in presenting the best possible image of Columbus AFB to the world," he said. "Whether I'm looking through my camera at a new pilot pinning on silver wings, or a security forces troop guarding a space shuttle, that image alone is my momentary masterpiece."



## Glimpses of Kenn Brown's portfolio:

(Counterclockwise) A T-38 accident investigation photograph; Composite flight photo during recent air show practice; Award winning "Pumpkin Patch" entry; Scenic Mississippi sunset landscape. For more of Kenn Brown's portfolio, visit [www.kennbrown.com](http://www.kennbrown.com).





## AT THE CHAPEL

### Chapel schedule

#### Catholic

##### Sunday activities:

9:15 a.m. — Mass  
10:30 a.m. — CCD  
5 p.m. — Confessions  
5:30 p.m. — Mass

#### Wednesday

11:30 a.m. — Mass

#### Protestant

##### Sunday activities:

9 a.m. — Sunday school  
10:45 a.m. — Traditional worship  
1 p.m. — Contemporary worship  
For Islamic, Jewish, Orthodox or other services, call the chapel at Ext. 2500.

## AT THE MOVIES

The theater is closed for renovations until further notice. For more information, call the shoppette at 434-6026.

## COMMISSARY

The commissary hours are:

10 a.m. to 6 p.m. — Sundays,  
Tuesdays, Wednesdays and Fridays  
10 a.m. to 8 p.m. — Thursdays  
9 a.m. to 6 p.m. — Saturdays  
Closed — Mondays

## FITNESS CENTER

The fitness and sports center hours are:

5 a.m. to 11 p.m. — Mondays  
through Thursdays  
5 a.m. to 9 p.m. — Fridays  
8 a.m. to 8 p.m. — Saturdays and  
Sundays

## CHANNEL 64

BLAZE 64 offers announcements for people living in base housing or the dormitories.

Call 1st Lt. Richard Blakewood for more information at Ext. 7065.

#### Weekdays

9 a.m., noon and 2 p.m.  
Air Force Television News  
Monday through June 27  
9:30 a.m., 12:30 p.m. and 2:30 p.m.  
College Level Examination  
Program Tapes:  
Mathematics

## FAMILY SUPPORT



*(Editor's note: All activities are offered at the family support center unless otherwise specified. For more information, call Ext. 2790.)*

**Bundles of Joy:** Bundles of Joy is from 2 to 4 p.m. Tuesday.

This program is for pregnant Air Force active-duty women or spouses.

The class gives information from how to care for newborns to preparing their college funds.

Every participant receives a gift package valued at \$50.

The deadline to sign up for this program is Monday.

**Sponsor training:** The next sponsor training class is at 9 a.m. Tuesday.

Sponsor training is also available on the public folders, through e-mail.

For more information on how to access it, call the family support center.

**Transition workshop:** A transition assistance program workshop is from July 8 to July 10.

People may attend up to two years before retirement or one year before separation.

The topics include resumes, interviews, job hunting skills, health benefits, veterans affairs benefits, small business development and related transition topics.

**WIC:** The Women, Infants and Children program is available for pregnant women or for people with children under 5. Call the center for an appointment.

**Self-paced learning:** The family support center offers self-paced computer study programs in Word, Excel, Access, PowerPoint, Outlook, Publisher, Front-Page and PhotoDraw in three levels of expertise.

To improve your computer skills, call Mark Horning.

**Calling cards:** Free \$20-valued phone cards are offered to all people going on contingency TDYs for 30 days or longer. This is sponsored by the Air Force Aid Society.



Airman Alexis Lloyd

## Tops in Blue 2003

Tops in Blue members sing for Columbus residents during their March visit. The group is scheduled to perform their new show at 7:30 p.m. July 18 at Rent-Whitfield Auditorium at the Mississippi University for Women campus. Doors open at 6:45 p.m., and admission is free. For more information, call Ext. 2337.

Phone cards must be issued to military people.

For more information, call Tech. Sgt. Jamey Coleman.

**Videophones:** Videophones are available for family members of deployed, TDY or remote military people.

**Fam-Link:** Occasional newsletters are sent to people's homes about special base events and things happening in the local area.

To subscribe to this free newsletter, send an e-mail to FSC@columbus.af.mil.

**Resume help:** People looking for assistance in fine-tuning their resume can call the center for an appointment.

## BASE NOTES



**Squadron closure:** The 14th Communications Squadron closes at 11 a.m. June 27 for an official function. There is minimal manning at the visual information shop,

network support and post office area. For any communications emergencies, call the base operator at Ext. 7322 or 364-2001.

**Volunteers needed:** Volunteers are needed for the Drug Education For Youth Landing Zone.

They are needed to set up and help with this interactive activity that teaches team-building skills through problem solving.

Set up is from noon to 5 p.m. July 7 and 7:30 to 11:30 a.m. July 8, and the event is from 1:30 to 3 p.m.

For more information, call Ext. 2353 or Ext. 2235.

**Car care:** The auto hobby shop offers basic car care classes.

The classes teach oil changes, tire rotations and many other do-it-yourself skills. For more information or to sign up for a class, call Ext. 7842.

**Traffic office:** The traffic management office is closed for training Wednesdays from 7:30 to 8:30 a.m.

Regular hours of operation are from 7:30 a.m. to 4:15 p.m. Mondays, Tuesdays, Thursdays and Fridays.

For more information, call Ext. 2684.

# Services makes leisure time fun for CAFB people



Rachel Kasic

## Learning to swim

Athena Brimer, water safety instructor, teaches Lucy and Laura Sandifer how to breathe properly for the front crawl. Swim classes are available through the Independence Pool from now through August. Classes run for two weeks, Monday through Thursday and are \$35 per student. Skill levels include:; water exploration, primary skills and stroke readiness. There is also a "Mommy and Me" class available for ages three through five. For more information about the classes, call the Independence Pool at Ext. 3066.

**American Cafe open:** The Columbus Club's American Cafe opens from 5:30 to 8:30 p.m. Fridays

The cafe is open to all ranks. Club members receive a \$2 discount.  
Call Ext. 2489.

**All ranks bingo:** Games begin at 6 p.m. Fridays in the community center ballroom. People play five \$75 regular games, one \$125 odd and even coverall game and a \$1,000 progressive jackpot game. Consolation prize is \$150 if the jackpot does not go in 58 numbers or less.

Admission fees for nonmembers are \$5. Payout is based on a minimum number of players.  
Call Ext. 2489.

**Disc jockey Kool Kleve:** The enlisted lounge features Disc Jockey Kool Kleve tonight starting at 9 p.m.

**Geyser Falls Water Park:** The information, ticket and travel office offers a trip to Philadelphia, Miss., to this water park Saturday. Cost is \$28 per person and includes transportation and ticket to the water park.  
Call Ext. 2505.

**Disc jockey Maze:** Disc Jockey Maze entertains from 9 p.m. to 1 a.m. Saturday starting at 9 p.m. in the enlisted lounge.

**Sunday brunch:** The Columbus Club offers this special brunch Sunday from 10:30 a.m. to

1:30 p.m. Cost is \$10.95 with club members receiving a \$2 discount.  
Call Ext. 2489.

**Free youth trips:** The youth center offers a free trip to the Memphis Children's Museum Monday, the Civil Rights Museum in Birmingham, Ala., Wednesday and the Desoto Caverns in Alabama June 30. All trips are limited to the first 26 to register.  
Call Ext. 2504.

**Crafts classes:** The skills development center offers crafts classes for youth and adults. Stop by the center to see a display of the class projects. Call Ext. 7836.

**Youth dance:** Preteens and teens are invited to the youth dance Saturday at the youth center. Cost for preteens is \$1 for members and \$2, and they must leave at 9:30 p.m.

Cost for teens is \$1 for members and \$3 for nonmembers.

**Youth center membership appreciation night:** The youth center offers this special appreciation event from 5 to 7 p.m. June 27. Members with their youth identification cards eat free and enjoy games and activities with prizes awarded. Call Ext. 2504.

**Youth center movie marathon:** The youth center hosts a free all-day movie marathon starting at 1 p.m. June 28. PG movies will be played until preteens depart at 8 p.m. and PG-13 movies showed from 8 p.m. until closing. Call Ext. 2504.

## Columbus Club Lunch Buffet

Served from 11 a.m. to 1 p.m.  
\$7.95 per person — Club  
members receive \$2 discount — Cost includes vegetable,  
tossed salad and beverage —  
A la carte menu also  
available

**Today**  
Fried catfish  
Popcorn shrimp  
Apple cobbler

**Wednesday**  
Pork chops  
Knockwurst  
Apple cobbler

**Monday**  
Fried chicken  
Chicken fried steak  
Cherry cobbler

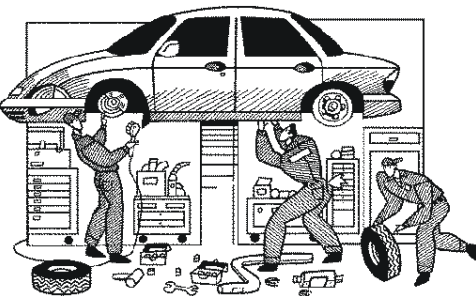
**Thursday**  
Soup, salad and potato bar

**Tuesday**  
Swedish meatballs and pasta  
Baked ham  
Banana pudding



Check out the Services website  
at  
[www.cafbgrapevine.com](http://www.cafbgrapevine.com)

**Auto skills center**  
offers FREE pick up & delivery  
service for oil & filter changes and  
auto detailing.  
Call Ext. 7842



Develop your skills...while having fun!



**Balloonfest:** A balloon fest is today through Sunday at Whittington Park in Greenwood, Miss. Admission is \$15 for today, \$20 for Saturday and free for the Sunday Bluesfest. The event features hot air balloons, carnival rides, children’s activities, a bike fest, food and souvenirs. No food, drink, coolers or pets may be brought into the park. Audio or video recording is also not allowed. For more information, call (800) 748-9064 or visit [www.greenwoodballoonfest.com](http://www.greenwoodballoonfest.com).

**June Teenth:** A festival celebrating the Emancipation Proclamation is today and Saturday at Sim Scott Park in Columbus, Miss. Admission is free, and event is open to the public. Days’ events include softball tournament, senior-citizen events and children’s activities. For more information contact 329-5871.

**Live theater:** J.R.R. Tolkien’s “The Hobbit,” a play for adults and children is today and Saturday at Streetcar Productions.

## BARGAIN LINE

For reservations or more information, call 240-1832.

**Family day:** The Columbus Marina hosts “Family Day on the Water” from 4 to 10 p.m. Saturday with children’s games, wakeboard contests, boats, music and a fireworks finale. The headliner is Jason Williams, a “Jerry Lee Lewis-style boogie piano man” from Memphis. The event is free and open to the public. For more information, call 328-3286 or call toll-free at (800) 457-9739.

**Jazz:** Jazz on the Tenn-Tom Waterway is from 4:30 to 9:30 p.m. June 28 at the amphitheater on the East Bank of the Tenn-Tom Waterway. The event is sponsored by the Golden Triangle UNCF. For more information, call 328-2257.

**Columbus tour:** The Columbus Historic Foundation sponsors a historic bus tour of Columbus June 28. The tour is offered four times this summer: June 28, July 26, Aug. 16 and Sept. 6. All tours leave at 9 a.m.

from the Tennessee Williams Welcome Center at 300 Main Street. The tour includes homes, churches, cemeteries and historic roadways in the three districts of Columbus on the National Register of Historic Places. Cost is \$10 per person, which includes lunch at the Backdoor Restaurant. Souvenir tickets are available at the Tennessee Williams Welcome Center. For more information, contact Nancy Carpenter at (800) 920-3533 or Russell James at (662) 329-5300.

**Cyber cafe:** Streetcar Production Cyber Station Cafe is open at 7 a.m. for breakfast and 11 a.m. to 2 p.m. for lunch Mondays through Fridays. It is also open from 11 a.m. to 2 p.m. Sundays. For more information, call 240-0572.

**Diaper drive:** The Columbus Crisis Pregnancy Center is accepting donations of diapers and other baby care items. For more information or to make donations, call 434-6624.

# Circuit training class tones body, works heart



Senior Airman Amanda Mills  
Pamela Brown, 14th Medical Operations Squadron, and J.P. Bailey, assistant instructor, warm up on the spinning bikes during the circuit training class.

## Senior Airman Amanda Mills Public affairs

A new circuit training class for Columbus AFB people began June 9 at the fitness and sports center. The class helps people tone muscle and increase cardiovascular fitness through different weight and aerobic workouts, said Bill White, class instructor. Before anyone begins the class, he or she meets with White to determine the maximum amount of weight the person can handle at each of the stations. Forty percent of that weight is what the person can move in one minute. “Then everyone works at least one circuit,” White said. To complete one circuit: 

- ❑ The person starts at either a weight station or the aerobic equipment, and works out for one minute.
- ❑ After one minute, the person switches to the other type of activity.
- ❑ After alternating through 10 different weight stations and aerobic portions, a person has completed one circuit.

At the weight stations, the person should

move his or her 40-percent lift weight, as well as perform between 12 to 15 repetitions correctly, White said. When doing the aerobic part, each person should work at his or her highest desired intensity. “With this class, people can gain strength, increase their cardiovascular condition and lose weight, all at the same time,” White said. “In just a half hour per circuit, three days a week, you get a total body workout.” The class has been very successful since it started, White said. “I’ve had quite a few people show up, and it’s so much fun because everyone’s always encouraging each other,” he said. “I tell everyone to bring their own music and to try out different weight stations, because it’s their class, and I want them to enjoy it.” “I started the class to improve my cardio and strength training,” said J.P. Bailey, class participant and assistant instructor. “In just three weeks, I increased my total body strength by 180 pounds. It feels great, and I find I have more energy.” The circuit training class begins at 7 p.m. Mondays and Wednesdays and 6 p.m. Fridays. For more information or to sign up, call Ext. 2772.

## SHORTS

### Cosmic no-tap bowling

All levels of bowlers are invited to enter this monthly no-tap tournament today. Sign up by 6:45 p.m., and the games begin at 7 p.m. Entry is \$10 per person. Players must get a strike with a red-head pin to spin the wheel to win a prize. Every game, randomly selected individuals are challenged to knock down a certain number of bowling pins. For more information, call Ext. 2426.

### Kid fun run

A fun run for children is at 8:30 a.m. Saturday starting at the youth center. This event is open to all ages, especially families. To register, call Ext. 2504.

### Recreational soccer league

A recreational soccer league for BLAZE and military identification card holder is held year round. The league is for ages 18 and older only. It features a double round-robin season, followed by a single elimi-

nation tournament with games being played on the weekends. Registration forms are available at the fitness center front desk. For more information, call Ext. 2772, stop by the fitness and sports center or check out the web site at [www.geocities.com/columbusfutbol/](http://www.geocities.com/columbusfutbol/).

### Personal trainers

Personal trainers are available at the fitness and sports center to spice up a workout routine or help a person get more out of their workout. For more information, call Ext. 2773.

### Tennis lessons

The youth center offers tennis lessons for all ages. Each child is \$40 a month, and a second child is \$35. For ages 8 and above, practices are one hour, twice a week. For ages 7 and below, practices are 45 minutes, twice a week. Scheduling is done through the instructor. For more information, call Ext. 2504.

### Aerobics classes

Aerobics classes ranging from beginning step, kick-boxing, spinning and yoga are offered every week at the fitness and sports center. There are 15 different classes every week. For information on class times, call Ext. 2772.

Softball standings		
The following are the intramural standings as of Wednesday.		
Teams	Wins	Losses
50th FTS #1	3	0
48th FTS #1	3	0
14th CES #1	5	1
DynCorp	5	1
14th OSS #1	3	1
50th FTS #2	2	1
43rd FTS	2	1
14th MSS	2	2
14th CS	2	3
14th SFS	2	4
14th MDG	1	4
14th OSS #2	0	4
37th/41st FTS	0	3
14th CES #2	0	5



### Bargain Line advertisement

*The Bargain Line is free for all military members (including guard and reserve members), DOD civilians, military retirees, family members and contract employees. Bargain Line advertisements must be turned in to the Silver Wings office in the 14th Flying Training Wing headquarters building by noon Monday to be included in the following week's issue. Late ads will be held over for the next issue. Reruns must be phoned in to the Silver Wings office, 434-7068, by noon Monday for inclusion in the next week's issue. Please do not re-submit ads for rerun on this form. Advertisements should contain a home phone number, home address or both. Duty phone numbers will not appear in the ads. Advertisements for private businesses or services providing a continuous source of income, such as baby-sitting or rental property, may not appear in the Bargain Line. They may, however, be purchased through the Silver Wings publisher, 328-2424. Please fill out this form completely. The Silver Wings staff reserves the right to edit ads as necessary.*

Type of advertisement (circle one):	Home	Transportation	Miscellaneous	Yard sales	Pets
Print advertisement:	_____				
	_____				
	_____				
	_____				
Name:	_____				
Home Telephone #:	_____	Duty Telephone #:	_____		
	(in case we need more information)				

**Please let us know what you think of the Silver Wings:**  
Are you happy with the Silver Wings?    Yes ☐    No ☐  
What would you like to see more of in the newspaper?    News ☐    Sports ☐    Photos ☐  
If you would like to give any other suggestions, please e-mail us at [silverwings@columbus.af.mil](mailto:silverwings@columbus.af.mil).